

SHOPPING CENTRE DISTRIBUTION

Distribution point	Address	Area
Friendly	Serepta	Kuilsrivier
Shoprite	Van Riebeeck rd Mall	Kuilsrivier
Spar Langverwacht		Kuilsrivier
7 Eleven (Paradyskloof)	Oorkant Golfbaan	Stellenbosch
BP Garage	Dorpstraat	Stellenbosch
Checkers	Albei ingange. Sentrale Dorp	Stellenbosch
Pick 'n Pay	Stellenbosch Square Ent 1	Stellenbosch
7/11 Friendly	Blomtuin Suikerbos str	Bellville
Friendly , Oakdale	Cnr Mable av. en Barnard str	Bellville
Coffee Shop	Noble Park	Bellville
Vredelust Superette	Voortrekker Rd (langs Segers)	Bellville
Friendly	De Grendel	Bothasig
Seven Eleven	Centurion centre, De Grendel	Bothasig
Shoprite Sentrum	Bothasig	Bothasig
Spar	Cedar Spar Bothma str.	Bothasig
Kwikspar		Bothasig
Spar	Edgemead Centre	Edgemead
Edgemead Centre,& Barista Boys	Edgemead Centre	Edgemead
Kwikspar	Glenwood	Glenwood/Goodwood
Friendly	Hugo Street	Goodwood
Food Zone 2	cnr Alice Street en F.Conradie	Goodwood
Friendly	Oorkant Engen	Monte Vista
Engin / Wimpy		Monte Vista
Monte Vista Mini Market	was 'n Spar en 7/11) Montevista Boulev	Monte Vista
Friendly	Langs BP, langs Frans Conradie	Parow
Groceries Express -	4de Laan	Parow
Superspar Parow	Century Centre McTire Str / Voortrekker	Parow
Groceries Express	M.E. Rothman str	Parow Noord
Super Spar - Valley	naby Traffic dep.	Parow Valley
Friendly	voor Bothasig	Ridgewood
Boston Superette	naby Brights	Boston
Pick 'n Pay Basils	12th Ave	Boston
7/11 Friendly	Hannes Louw Str	De Tyger
Spar De Tyger	Avondale	De Tyger
7/11 Friendly	Van Riebeeckshof Rd	Kenridge
Vineyard Deli (Country Fresh)	Van Riebeeckshof Rd	Kenridge
Superspar	Riebeeckshof Mall	Oude Westhof
7/11 - Panorama	Hendrik Verwoerd St	Panorama
Friendly	By BP Garage	Panorama
7 Eleven Ent 1	Delmar Centre	Panorama
Pick & Pay	Hendrik Verw rylaan	Panorama
SSpar Plattekloof	cnr Plattekl en Olienhoutstr	Plattekloof
New Pick 'n Pay		Plattekloof
Fruit & Veg	Willow Bridge	Tygervally
Checkers	Willow Bridge	Tygervally
Pick n Pay	Willow Bridge	Tygervally
Tygervallei Centre	Mugg/Bean	Tygervally

Tygervallei Centre	Kiosk	Tygervalley
Tygervallei Centre	Ppay Entrance	Tygervalley
Kwik Spar	Welgelegen Malmesbury weg	Welgelegen
Pick n Pay Basils		Welgemoed
Checkers	Alexander rd , Oakdale	Bellville
Friendly	Mountainview Rd	Ridgeworth
Annelize & Charlie Eiendomme	(Sentrum)	Durbanville
Aurora Superspar		Durbanville
Town Centre Dbville (Shoprite)	Wellington rd	Durbanville
7 Eleven	@ Dbville High	Durbanville
News Agency	D.ville centre	Durbanville
Pick n Pay		Durbanville
Pick n Pay	Graanendal S Centre	Durbanville
Friendly	?	Goedemoed
Stefanies	Goedemoedstraat	Goedemoed
Caffe Rossini (next to Checkers)	Cobble Walk Centre	Durbanville
Sonstraal Supermarket	?	Everdal
Kwik Spar	Haarlemstr (Excelmore)	Stellenberg
7/11 Friendly	Proteastraat	Vierlanden
7/11 Friendly	Langeberg Ridge	Langeberg Ridge
7/11 Friendly	cnr Raan & Conroy str.	Kraaifontein
Shoprite	Plainstr.	Kraaifontein
Friendly	Ou Paarl weg	North Pine
7/11 Friendly	Station rd	Kraaifontein
7/11 Friendly	Brighton rd	Kraaifontein
Brighton Superette	Brighton rd	Kraaifontein
Superspar	Kraaifontein Centre by Tata garage	Kraaifontein
OK Mini Market	Brighton Weg	Kraaifontein
Marlboro Superette	Darwinrd	Kraaifontein
Kwikspar	Uitzicht	Uitzicht
Mug 'n Bean	Cape Gate Centre	Cape Gate
Pick n Pay	Cape Gate	Cape Gate
Checkers	Cape Gate	Cape Gate
Sasol Garage	Cape Gate (Sunday Times Mstand)	Cape Gate
Kwik Spar	Vredeklouf	Brackenfell
Pick 'n Pay	Glengarry Shop centre De Bron rd VREDEKLOOF	Vredeklouf
7/11 Friendly	Suikerbosstraat (Blomtuin)	Brackenfell
Spar	Old Oak Centre	Brackenfell
Farm Fresh	Old Paarl Road Old Oak	Brackenfell
Pick n Pay	Ou Paarl weg	Brackenfell
Friendly	Frans Conradie	Brackenfell
Friendly Aroma	Old Paarl Road	Brackenfell
Kwik Spar	Frans Conradie	Brackenfell
Friendly	Shawn str	Brackenfell
Friendly	next to Engin (Rovarie)	Protea Hoogte
Spar	Protea Hoogte	Protea Hoogte
Ppay	Soneike	Soneike
Shoprite Sentrum		Blue Downs
Friendly Supermark	Oppad na N2	Gordonsbay
Pick 'n Pay	Pick 'n Pay Sentrum	Gordonsbay
Spar		Gordonsbay
7 Eleven Beehive	Sentrale Dorp (Main Rd)	Somerset West
Checkers	Sentrale Dorp	Somerset West
Friendly Supermark	Rome Glen (Agter Vergelegen Clinic)	Somerset West
Pick 'n Pay	Ingang 1 Somerset Mall	Somerset West
Pick 'n Pay	Somerset West, Main Rd, Riverside	Somerset West
Shell Garage	Land & Zeezicht	Somerset West
Sirkel Sentrum / Woolworths	Ingang 1	Somerset West

Kwikspar	Heldervue	Somerset West
Woermann Broock Mall	Langs S.Mall	Somerset West
7 Eleven	Oorkant OK Sentrum en Mcdonalds	Strand
7 Eleven	Sentrum by Twin Palms	Strand
7 Eleven	Main Rd (Naby Midas,oorkant Strand HSkool)	Strand
Pick 'n Pay	Dorpsmeent Fagen str	Strand
Spar	Centre	Gansbaai
Fine/Country by Pick n Pay	Centre	Hermanus
Spar		Kleinmond
Pick 'n Pay		Malmesbury
Checkers (naby Rawson)		Malmesbury
7 Days Family Store 1	Foodzone 1	Paarl
New Checkers		Paarl
Spar	Main rd Zomerlust	Paarl
Spar	Dros Vineyard	Paarl
SPAR Noordeind	Mainrd	Paarl
Spar		Riebeek Wes
Spar		Tulbagh
Pick n Pay	New Mall	Worcester
Mugg & Bean	Canal Walk	Century City
Spar	10 th Avenue	Kensington
Total Garage Bonjour		Epping
Pick a Pay	Vanguard Mall	Athlone
Kwik Spar		Observatory
Spar	Central Parade	Cape Town
Kwik Spar	Kloof str.	City Bowl
Caltex Garage		Waterfront
Super Spar	Main rd	Seapoint
7 Eleven	Mainrd 208	Dieprivier
Pick n Pay	Promenade Mall	Mitchells Plain
Checkers	Westgate Mall	Mitchells Plain
Friendly	Vanguard	Mitchells Plain
Total Bonjour	Spine Rd	Mitchells Plain
Auto Spare's	West Ridge	Mitchells Plain
Shell	Park Ave, West Ridge	Mitchells Plain
Total Bonjour	Morgenster	Mitchells Plain
BP Garage	Morgenster	Mitchells Plain
PnPay	Eden on the Bay Centre	Big Bay
Friendly 7/11	Van Riebeeckstrand	Melkbos
7/11 Friendly	Oorkant SAP Sastron rd	Milnerton
Kwik Spar	Loxton Rd, Milnerton Mall	Milnerton
Pick 'n Pay	Bosmansdam Rd	Milnerton
Shoprite	Koeberg weg	Milnerton
Mug & Bean	Paddocks Centre	Milnerton
Super Spar	Paddocks Centre	Milnerton
7/11 Friendly	Raats- & Parklandsdrive	Parklands
Kwik Spar	Merlot Str	Parklands
Super Spar	Link Rd	Parklands
7/11	C\o Marine and PorterfieldRd. North point Centre Marine circle	Table View
PPay	Pentz drive Near SAP	Table View
Checkers	Raats drive	Table View
Pick & Pay	Boyde Goede	Table View
Super Spar Flamingo Vlei	Study rd	Tableview
7/11 Friendly	Sandown Rd	West Beach
Super Spar	West Port Centre	West Beach
Dormehl Prop	Main Rd	Darling
7/11 Friendly	4 stop Regs	Langebaan
Pick 'n Pay	Laguna Vill Mall	Langebaan

Saldanha Kafee (Dial Rock Café)	Langs Karavaanpark by 4 r stop.	Saldanha
OK Mini Mark	By Rivera Hotel - Oorkant	Velddrift
OK Foods	Saldanha Str	Vredenburg
Pick & Pay	By Hoofingang	Vredenburg
Pick 'n Pay	Mainrd	Kuilsrivier
Pick 'n Pay	Voortrekker Rd, Sanlam Bldg	Belville
Pick & Pay	Goodwood Mall	Goodwood
Pick 'n Pay	Voortrekker Rd	Parow
Kwikspar Tyger Manner	next to McDonalds	Tygervalley
Checkers	Wellington rd	Durbanville
Super Spar	Cape Gate	Cape Gate
Hypermark Pick n Pay		Brackenfell
Spar	Vangaurd Mall	Athlone
Shell 24hour Kiosk	BEACH rd	Greenpoint

HOUSEHOLD DISTRIBUTION

(Distribution is done by SA Post Office)

Amanda Glen	Oude Westhof
Aurora	Panorama
Bellwater Park	Plattekloof
Bergsig	Protea Hoogte
Bloemhof	Protea Valley
Chantecler	Ridgeworth
De Bron	Rosendal
De Duin	Schoongesig
Door De Kraal	Sonnendal
Durbanville	Sonstraal
Durbanville Hills	Sonstraal Heights
Durbell	Stellenberg
Everglen	Stellenridge
Eversdal	Stellenryk
Glen Ive	Tyger Waterfront
Goedemoed	Valmary Park
Hoheizen	Vergesig
Kaapzicht	Vierlanden
Kenridge	Vredeskloof
Kleinbosch	Vygeboom
Loevenstein	Welgedacht
Nerina	Welgelegen
Northgate	Welgemoed

SUPER A LEAGUE RUGBY CLUBS

(MAGAZINE STAND AT EACH CLUB)

DURBELL / BELLVILLE	UCT (UNIVERSITY OF CAPE TOWN)
NNK	SKW
KRAAIFONTEIN	HELDERBERG
BRACKENFELL	VILLAGERS
GOODWOOD	HAMILTONS

GOLF CLUBS	
DURBANVILLE	PAROW
KUILSRIVIER	DEVONVALLEY
KING DAVID COUNTRY CLUB	BELLVILLE

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